

# JUNIOR EXPLORER BADGE

Activity book: How to Explore 7-9



# BECOME A JUNIOR EXPLORER



**This activity book is part of the Craigleith Heritage Depot Junior Naturalist Program. To become a Junior Naturalist you will need to complete activity books to earn badges. Each summer new badges will be added - all you have to do is get two badges each summer and you can get your Junior Naturalist certificate!**

This badge will introduce you to outdoor exploration and local animals, plants, and habitats. The activities are designed to engage, while also teaching you about the wilderness here in The Blue Mountains.

## HOW TO RECEIVE YOUR BADGE

To receive your Junior Explorer Badge you must complete 4 of the 5 activity books. When you have completed an activity book bring it to the Craigleith Heritage Depot or LE Shore library, where staff will look over the booklet and award you stamp for each completed book. When you have a total of 3 stamps you will receive your Junior Explorer Badge.



## FUN FACTS ABOUT LOCAL WILDERNESS

# Meet the Park Rangers!

**These Park Rangers will help you learn how to be an awesome Junior Explorer!**

HI, I'M PARK  
RANGER MAKWA



HEY THERE, I'M  
PARK RANGER  
JACK



GOODDAH, I'M  
PARK RANGER  
NASH



HIYAH, I'M  
PARK  
RANGER  
SARAH



HI! I'M PARK  
RANGER  
GEMMA



HI, I'M PARK  
RANGER ALICE



HI, I'M PARK  
RANGER SAMI



# Explorer Essentials

**JUNIOR  
EXPLORERS  
NEED TO KNOW  
HOW TO BE  
SAFE WHEN  
THEY'RE  
EXPLORING THE  
WILDERNESS.**

**BEING SAFE IN  
THE  
WILDERNESS  
BEGINS BEFORE  
YOU START  
YOUR TRIP!**

**WE ARE GOING TO SHOW YOU  
SOME OF THE THINGS YOU  
WILL NEED TO BE SAFE AND  
HAPPY WHILE EXPLORING!**

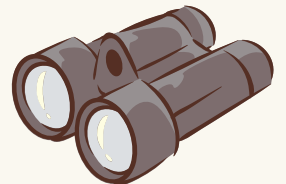
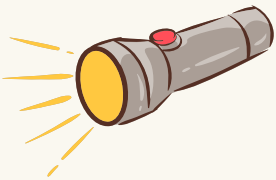
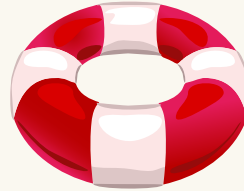
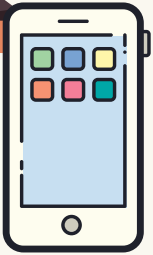




# Explorer Essentials



Circle all the items you will need to explorer the wild!

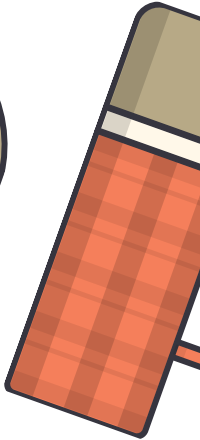


# MAKE YOUR EXPLORER BAG

HERE ARE SOME ITEMS WE SUGGEST YOU BRING ALONG WHEN EXPLORER OUTSIDE!

- ☐ WATER
- ☐ READY-TO-EAT FOOD
- ☐ FIRST AID KIT
- ☐ WATERPROOF JACKET OR A SWEATER
- ☐ COMPASS
- ☐ FLASHLIGHT
- ☐ MAGNIFYING GLASS
- ☐ WHISTLE
- ☐ BINOCULARS

SOME OF THESE ITEMS ARE FOR YOUR SAFETY THE OTHERS ARE TO HELP YOU DISCOVER THE WILDERNESS AROUND YOU!



# MAKE YOUR EXPLORER BAG WORD SEARCH

SEE IF YOU CAN FIND THE OBJECTS THAT YOU WOULD PACK IN YOUR EXPLORER BAG!

Z	O	T	C	H	X	S	M	R	U	G	O	B	T	B	W	G	X	G	X	Y	M	M	K	Z
A	A	W	M	J	J	C	Y	A	D	Q	M	A	I	E	M	D	H	S	C	R	Q	B	J	C
V	K	Z	T	G	I	L	Z	Z	G	Y	P	N	K	K	K	U	C	E	H	X	R	B	E	D
T	O	F	G	Z	R	A	C	C	J	N	O	N	M	W	E	C	U	R	H	H	L	M	F	F
F	L	A	S	H	L	I	G	H	T	C	I	O	H	M	F	F	A	O	W	K	Q	F	X	A
C	M	J	K	S	W	C	L	V	U	X	O	F	Z	Z	I	M	D	J	L	J	E	K	X	M
N	F	Z	W	O	C	V	U	L	P	G	V	R	Y	R	P	I	N	M	D	H	V	S	L	S
G	F	C	W	E	G	V	A	O	H	X	A	P	S	I	U	T	X	H	T	Y	O	W	H	S
K	K	V	M	J	H	R	C	O	S	G	G	T	X	O	N	A	D	E	Q	G	Q	B	F	H
M	J	U	B	Y	S	P	W	W	Y	S	A	P	Y	S	Q	G	P	N	M	Y	W	J	O	M
I	F	W	P	P	F	G	N	H	C	I	V	V	S	S	Y	S	G	I	Y	U	M	C	E	C
T	B	K	W	D	J	H	V	I	D	K	G	Z	Z	B	V	L	L	L	V	B	J	R	A	S
P	V	H	Q	J	N	R	Z	S	K	N	D	T	M	T	A	C	G	A	A	J	E	E	F	O
A	D	S	S	P	C	O	W	T	H	T	S	E	O	G	N	N	Q	F	B	S	O	T	S	E
V	V	S	N	O	Z	K	G	L	V	S	N	Z	Y	L	W	O	G	N	Z	H	S	A	F	Q
F	X	Y	Z	U	S	I	S	E	A	R	W	E	K	D	U	O	A	K	V	P	W	E	S	F
I	B	U	S	F	O	O	R	P	R	E	T	A	W	X	G	J	L	O	J	V	T	W	F	A
Q	W	E	N	U	A	P	M	J	I	G	T	B	J	A	N	I	C	P	R	B	K	S	J	V
I	K	G	A	X	J	O	F	L	S	M	O	M	K	R	Z	T	L	W	A	T	E	R	P	O
H	I	Y	C	X	C	J	H	A	D	T	N	U	N	N	I	Z	X	N	I	I	J	K	R	V
F	Q	K	K	T	Y	W	W	B	I	K	H	B	Y	G	L	X	Y	U	G	O	N	Q	Q	V
G	O	J	S	P	P	H	Q	H	M	E	V	K	A	P	E	B	D	H	T	K	S	T	E	N
F	O	O	W	S	W	H	T	P	F	N	F	C	W	U	G	D	P	M	H	T	W	Y	X	K
D	Y	Z	D	S	L	R	G	U	O	B	D	G	F	R	Q	X	L	C	G	O	H	Q	A	F
Q	E	Z	K	Y	G	I	L	Y	A	M	S	R	L	W	G	F	I	H	V	P	X	U	K	Y

BINOCULARS - COMPASS - FIRST AID - FLASHLIGHT  
- FOOD - JACKET - MAGNIFYING GLASS - SNACKS -  
SWEATER - WATER - WATERPROOF- WHISTLE



# What is the Wilderness?

Hiking or walking on local trails are great ways to learn about the wilderness around you!

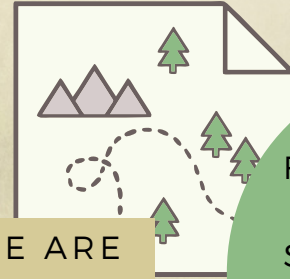
Try going for a hike. Find a wild place in your community and go for a hike or walk.

**Planning a hike or walk:**



HOW LONG DO YOU WANT TO WALK?

THERE'S SO MUCH OF THE NATURAL WORLD TO DISCOVER - MAKE SURE YOU MAKE TIME TO GET YOUR WILDERNESS FILL.



WHERE ARE YOU GOING?

FOR THE FIRST FEW TIMES, SELECT A HIKE THAT ISN'T TOO LONG OR TOO HARD.



FIND STURDY HIKING FOOTWEAR.



PLAN AHEAD AND PREPARE

HIKE ON TRAILS

DON'T LEAVE GARBAGE BEHIND

RESPECT WILDLIFE

BE NICE TO OTHERS AROUND YOU

WATCH THE WEATHER.

NASTY WEATHER CAN MAKE A HIKE NOT FUN!

LEAVE NO TRACE

WHAT DO YOU NEED TO TAKE WITH YOU?

ENERGY STOPS

MAKE A LIST!

TAKING NUMEROUS SMALL BREAKS FOR FLUID AND FOOD



# Trail Safety



HOW MUCH TRAIL SAFETY DO  
YOU KNOW? COMPLETE THE  
FILL IN THE BLANK BELOW!

GOING HIKING WITH A F\_\_\_\_\_ IS THE BEST  
WAY TO HIKE.

I OFTEN WEAR H\_\_\_\_\_ BOOT WHILE I AM  
EXPLORING, MY FLIP FLOPS JUST WON'T  
DO!

I OFTEN GO ON T\_\_\_\_\_ THAT I KNOW. IF I  
AM FEELING ADVENTUROUS I WILL USE A  
M\_\_ TO HELP ME KNOW WHERE TO GO ON  
THE TRAIL.

HIKING TAKES A LOT OF ENERGY. I TAKE  
W\_\_\_\_\_ AND S\_\_\_\_\_ TO MAKE SURE I HAVE  
THE ENERGY TO DO THE HIKE.

I LOVE BEING OUTDOORS AND I ALWAYS  
HAVE F\_\_ WHEN I GET TO EXPLORE!

# Trail Safety



NOW THAT YOU'VE THOUGHT ABOUT TRAIL SAFETY HERE ARE SOME TRAIL SAFETY TIPS WE THINK ARE THE BEST TO REMEMBER WHILE YOU ARE ENJOYING SOME OF THE LOCAL TRAILS!



## **Buddy System.**

When going hiking make sure to always have a hiking buddy. If you are old enough to go by yourself make sure to always tell someone where you are going before you head out.



## **Wear appropriate clothing**

Wear the right clothing for the weather and terrain.



## **Don't get lost.**

Make sure to know where you are going, have a map just in case!



## **Water and Snacks.**

Always bring water and snacks. You'll be moving around a lot and water and snacks will help boost or maintain your energy.



## **Have Fun.**

Make sure to have fun! Enjoy the beautiful outdoors!



# Trails In the Area!



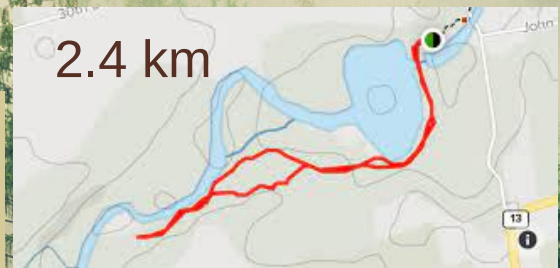
THERE ARE SO MANY AWESOME TRAILS IN THE BLUE MOUNTAINS HERE ARE SOME COOL TRAILS TO TRY OUT!

## Peasemarth Nature Preserve



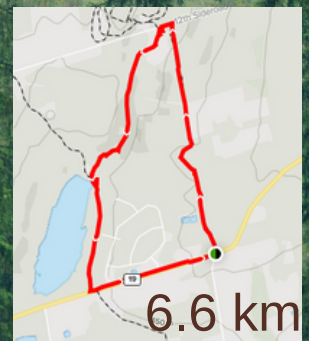
Peasemarth Nature Preserve is a 0.8 kilometer lightly trafficked loop trail located near The Blue Mountains, Ontario, Canada that features a lake and is good for all skill levels.

## Clendenan Dam and Beaver River Trail



Clendenan Dam Trail is 2.4-km out-and-back trail near Thornbury, Ontario. Generally considered an easy route, it takes an average of 38 min to complete. This trail is great for birding, fishing, and hiking, and it's unlikely you'll encounter many other people while exploring.

## Three Rivers and Castle Glen Loop



Three Rivers and Castle Glen Loop is a 6.6 kilometer moderately trafficked loop trail located near The Blue Mountains, Ontario, Canada that features a river

For more trails check out  
<https://www.alltrails.com/canada/ontario/the-blue-mountains>

# GETTING OUT ON THE TRAILS



Once you have tried walking or hiking try to complete as many of the tasks below! This will help you become more familiar with all the trails in your area and give you good practice to try other trails!

**WALK ON THE  
GEORGIAN TRAIL**

**WALK ON THE BRUCE  
TRAIL**

**BIKE ON THE  
GEORGIAN TRAIL**

**BIKE ON THE BRUCE  
TRAIL**

**HIKE ON LOCAL TRAIL  
OF YOUR CHOICE**

**HIKE OR WALK IN A  
PROVINCIAL PARK**

**Make sure to read over the trail safety  
sheet before heading out!**



# Special Places

Draw, describe or create a poem about a place in the wilderness that is special to you.

Now that you've explored the wilderness around you what does the word wild make you think of? Draw, describe or write a poem about what the wild means to you.

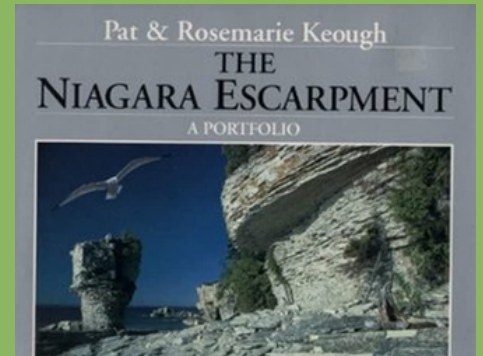
# LEARN MORE!

WANT TO LEARN MORE ABOUT LOCAL ANIMALS  
CHECK OUT SOME OF THE ONLINE AND LIBRARY  
RESORUCES!

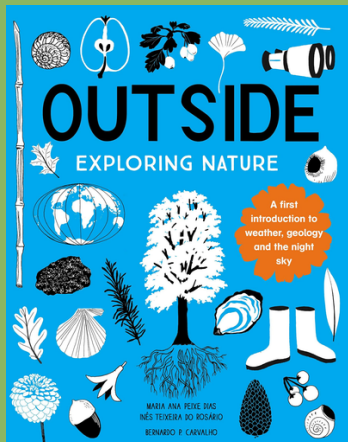
## GREAT LIBRARY BOOKS



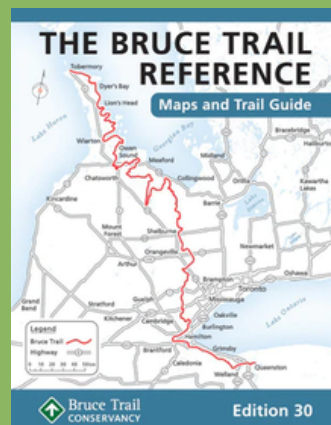
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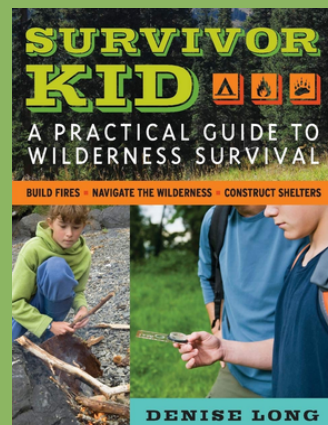
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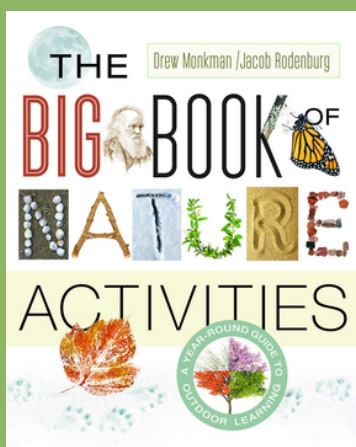
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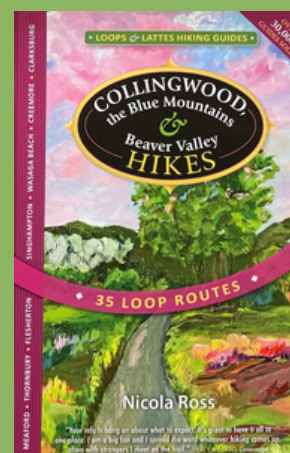
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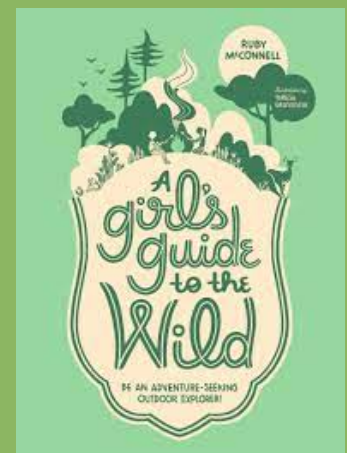
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